

REPORT

SUPER FOOD SPIRULINA REPORT-11 MARCH 2023.



Program.

Registration 9.00 -10.00AM

Inaugural Function

10.00-11.00 AM

Guest of Honor Lead Lecture

Dr.Avinash S.Jondhale Karanjali,Nashik.

Mrs. Sujata S. Mandlik Om Foods and Naturals.

11.00 AM -12.00 PM

Refreshment

12.00 PM -1.00PM

Feedback and Valediction

Dr.Jadhav S.D. Sangamner College,Sangamner.

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Adv.Godse A. N. (President- Pragtik Shikshan Sanstha)

Dr.Kadlag S.D. (Principal)

About Spirulina-

Spirulina are multicellular and filamentous blue-green algae that has gained considerable popularity in the health food industry and increasingly as a protein and vitamin supplement to aquaculture diets. It grows in water, can be harvested and processed easily and has very high macro- and micro-nutrient contents. It provides an easily digestible high (c. 60 percent) protein product with high levels of β -carotene, vitamin B12, iron and trace minerals and the rare essential fatty acid γ -linolenic acid (GLA). In addition, it has no obvious negative cultural or religious issues associated with its consumption.

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A one-day workshop was organized on March 11, 2023 at Nutan Arts College, Rajapur, The total 60 student participated from various college. On this occasion, Sujata Mandalik, Managing Director, Om Foods and Naturals Company gave a hands-on demo to the students and explained the detailed process of Spirulina production. Dr. Avinash Jondhale gave scientific information about Spirulina algae to the students as well as the benefits of quality products such as tablets and plant based protein powder. On this occasion, the Secretary of Progressive Moments Adv. Kailas Hase expressed his best wishes for this innovative initiative. In this workshop Dr Sangita Jadhav, Head of Botany Department of Sangamner College was also present and said that such activities are being implemented in rural areas. Five appreciated and opined that a life-giving spirulina is the need of the hour. Dr. Subhash Kadalg, Principal of the College, while speaking on the occasion, told the students about the many benefits of consuming Spirulina. G.S. Sonawane congratulated the workshop and various college students expressed their feelings on the occasion in which students from Igatpuri College, Talegaon College expressed their opinion that such activities give us new inspiration.

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Registration.



Resource speech .

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Snap of participated students.